



RYA Coastal Skipper Practical Course

Following on from the RYA Coastal / Yachtmaster theory course, for the more experienced skipper, the aim of this course is to teach the skills and techniques required to skipper a cruising yacht (7-15m) safely on coastal and offshore passages by day and night. Minimum experience required – 15 days sea-time, at least 2 days as skipper, 300 miles and 8 night hours.

SYLLABUS

1. <u>Passage Planning</u>

- Can plan a coastal passage including a consideration of the capability of the yacht, navigation, victualling, weather, ports of refuge, tidal heights and tidal streams, publications required and strategy
- Knows customs procedures

2. <u>Preparation for Sea</u>

- Is aware of safety equipment required for offshore passages
- Can prepare a yacht for sea including stowage, safety briefing, watch keeping, delegating responsibilities and equipment and engine checks

3. Pilotage

- Can prepare a pilotage plan, with consideration of soundings, transits, clearing bearings, buoyage, port or harbour regulations and tidal considerations
- Can pilot a yacht by day and night

4. Passage Making and Ability as Skipper

- Can take charge of a yacht and direct the crew. Can organise the navigation, deckwork and domestic duties of a yacht on passage
- Is aware of the significance of meteorological trends
- Is aware of crew welfare on passage
- Can use electronic navigational equipment for planning and undertaking a passage, including the use of waypoints and routes

5. Yacht Handling under Power

- Can control the yacht effectively in a confined space under power
- All berthing and un-berthing situations in various conditions of wind and tide



6. Yacht Handling under Sail

- Can use the sails to control the yacht in a confined space
- Anchoring and mooring in various conditions of wind and tide
- Can sail efficiently on all points of sailing, including downwind techniques

7. <u>Adverse Weather Conditions</u>

- Preparation for heavy weather and yacht handling in strong winds
- Navigation and general conduct in restricted visibility

8. <u>Emergency Situations</u>

- Recovery of man overboard under power and sail
- Understands action to be taken when abandoning to the life-raft and during helicopter and lifeboat rescues